

# **Frickley Country Park**

## **Permanent Orienteering Course**

### **Instructions**


This Permanent Orienteering Course has been designed in the park to give you the opportunity to try a non-competitive, or leisure form of orienteering, using your map reading skills to navigate round a course of markers, or 'controls'.

There are three suggested courses on the map. The shorter, 'Easy' course being accessible from the paths, with the 'Medium' and 'Hard' courses becoming more difficult to negotiate. You could also set your own course or attempt to locate all the controls by finding the optimum route.

### **The Map**

Study the map carefully and use the 'Legend' to discover the type of feature for each control.

Note the direction of the paths from the Start/Finish marker and use these to align or 'orientate' the map. The scale on the A4 map is 1:7500 which means that 1cm on the map

represents 75 metres on the ground. The purple circles ○ with accompanying letters on the map, represent the controls and each control has its own description eg. L is a boulder. The Start △ and Finish ◎ symbols are combined Ⓢ and can be found at the park entrance on Curlew View. Each control marker will have a letter and a number  and the description of each one, as shown in the 'Control Descriptions' on the map, will help you to find them. Navigate to the controls on your chosen course in the correct order and record the number at each one. Then add the numbers at the end of the course to give the correct total.

## The Park

Frickley Country Park has been created on the site of a former colliery near South Elmsall, West Yorkshire, situated to the south of an urban area and bordered by agricultural land with broadleaf woods. The colliery closed in 1993 and, following remediation, Frickley came into Land Trust management in 2012.

The park has a wonderful mix of open meadows, wetlands and woodlands, providing homes for a wide variety of birds, butterflies and other wildlife to thrive. Two wetland areas, property of Wakefield District Metropolitan Council (WMDC) are located in the park, with floodwater storage capability.

The park also features striking sculptures which celebrate its mining heritage, and more than 70,000 trees have been planted, which are now maturing into attractive woodland.

